

**Welcome to the LAND OF SNOW
Himalayan Camp at Manali-Solang-Himachal
Activities Based Programme
(Nagpur to Nagpur 11 days)**

Day 1	Report at Nagpur Railway station main Entrance at --- Board -----exp(AC3) for New Delhi.
Day 2	Reach New Delhi and proceed for Manali by 2x2 Luxury bus.
Day 3	Reach Manali. Transfer to Camp Site. Manali: Situated at the northern end of the Kullu valley, Manali has spectacular views of snow capped peaks and wooded slopes. Surrounded by towering peaks at an arm length, Manali's major assets is it's proximity to the snow line. Camp setup, Orientation, Introduction of equipments. Acclimatize walk to Manu Temple and Hadimba Temple. Manu Mandir This is dedicated to the sage Manu. Across the Manalsu river is the original village of Manali, that houses the ancient temple of the sage Manu. Manali itself is named after Manu, who is said to have dwelt here. Hadimba Mandir Also known as Dhoongri Temple. The main feature of the Temple are a four tiered pagoda shaped roof and beautiful carved door.
Day 4	Trek to Kaniyal, a remote Himalayan village. Interact with local people and experience their traditional self-sufficient way of life, get information about lifestyle, culture, festivals, Observe Kullu shawl making on handlooms. Adventure activities rock climbing and rappelling. Visit to Mountaineering Institute.
Day 5	Trek to Jogini fall and Vashishtha kund(Natural Hot water spring) Vashishtha Kund-3 kms from Manali is the village of Vashishtha, which is renowned for its hot sulphur springs. The village is also the site of some old temples, dedicated to the great sage Vashistha, and to Lord Rama. The Himachal Tourism sulphur baths are just beyond these shrines. Adventure Activities like river / valley crossing
Day 6	Visit to Solang valley, It is 14 km northwest of Manali town on the way to Rohtang Pass, and is known for its summer and winter sport conditions. The sports most commonly offered are paragliding and zorbing. Giant slopes of lawn comprise Solang Valley and provide it its reputation as a popular adventure destination. Snow melts during the summer months and skiing is then replaced by zorbing (a giant ball with room for 2 people which is rolled down a 200 meter hill). Trek to Anjani Mahadeo An Icy Shiva Lingam forms from October to March... Today a beautiful temple adorns the site and is inhabited by holy hermits (sadhus) that welcome any visitor and are happy to serve refreshments and exchange ideas.
Day 7	White Water Rafting in Beas River. A thrilling experience 14km down the river.
Day 8	Move to high altitude trek Situated about 50km from Manali town, at an altitude of 4,111m on the highway to Keylong, is the Rohtang pass. There is a beautiful Dashohar Lake left of the Pass. Snowfall is however, unpredictable and blizzards can close the pass even during this period. Here one sees the majesty of the mountains at its height and splendor. A few km away from the pass is the Sonapani glacier and, slightly to the left are the twin peaks of Gaypan-jagged pyramid of rock, snow streaked and snow crowned.
Day 9	After morning activity session group is allowed to explore Manali Bazar Manali Bazar: Famous for dry fruits, handloom, woolen caps, handicrafts, Kullu shawls, Grass shoes etc. Evening departure to New Delhi by 2X2 bus
Day 10	Reach New Delhi and proceed for Nagpur by train.
Day 11	Reach Nagpur and dispersal.

Cost/fees Rs.16,500/- Himachal-Manali-Solang (With AC 3 journey)

****Additional charges for Tatkal Fare shall be applicable.**

****Additional Charges for Transportation from other cities to Nagpur.**

Welcome to the LAND OF SNOW
Himalayan Camp at Manali-Dhundi-Bhaktartach
Trekking Based Programme
(Nagpur to Nagpur 11 days)

Day 1	Report at Nagpur Railway station main Entrance at --- Board -----exp (3AC) for New Delhi.
Day 2	Reach New Delhi and proceed for Manali by 2x2 Luxury bus.
Day 3	Reach Manali. Transfer to Camp Site. Manali: Situated at the northern end of the Kullu valley, Manali has spectacular views of snow capped peaks and wooded slopes. Surrounded by towering peaks at an arm length, Manali's major assets is it's proximity to the snow line. Camp setup, Orientation, Introduction of equipments. Acclimatize walk to Manu Temple and Hadimba Temple. Manu Mandir This is dedicated to the sage Manu. Across the Manalsu river is the original village of Manali, that houses the ancient temple of the sage Manu. Manali itself is named after Manu, who is said to have dwelt here. Hadimba Mandir Also known as Dhoongri Temple. The main feature of the Temple are a four tiered pagoda shaped roof and beautiful carved door.
Day 4	Manali - Dhundi (3150m) Starting from Manali will pass through Solang Nullah, From Solang, the road follows the Beas river to Dhundhi, the end of the road. The camp is a small walk away. Don't miss the first glimpse of the majestic Hanuman Tibba from the campsite.
Day 5	Dhundi - Bhaktartach (3300m) Duration: 3 hours Gradually ascending from the valley, the trail continues to the scenic campsite at Bakartach.
Day 6	Bhaktartach - Beas Kund (3650m) - Bhaktartach Duration: 5 hours Trek over moraine to the small lake at Beas Kund, the birth place of the river Beas. After spending some time at Beas Kund, trace the path back to Bakartach
Day 7	Bhaktartach-Dhundi and drive back to Manali Duration- 3 Hours The trek ends at Dhundi from where a vehicle will pick you up and drop you back in Manali.
Day 8	Adventure activities rock climbing and rappelling, Valley Crossing.
Day 9	After morning activity session group is allowed to explore Manali Bazar Manali Bazar: Famous for dry fruits, handloom, woolen caps, handicrafts, Kullu shawls, Grass shoes etc. Evening departure to New Delhi by 2X2 bus
Day 10	Reach New Delhi and proceed for Nagpur by train.
Day 11	Reach Nagpur and dispersal.

Cost/fees Rs.16,500/- Himachal-Manali-Solang (With AC 3 journey)

**** Additional charges for Tatkal Fare shall be applicable**

**** Additional Charges for Transportation from other cities to Nagpur.**

Welcome to the LAND OF SNOW
Himalayan Camp at Darjeeling – Sandakphu- Sikkim
(12 days Nagpur to Nagpur)

Day 01	Report at Nagpur Railway station main Entrance at----- board -----Express for Howrah.
Day 02	Reach Howrah and depart to New Jalpaigudi (NJP) in the evening.
Day 03	NJP to Darjeeling Arrive NJP Railway Station. Transfer to Darjeeling It is 2134 m or 7000ft above sea level. Take a walk through famous chourasta. Overnight stay at Darjeeling.
Day 04	Darjeeling to Manebhanjang 2134m Acclimatization session at Japanese peace pagoda after breakfast, Visit Himalayan Mountaineering institute and Everest Museum. Also visit Padmaja Naidu Zoological Park. Captive breeding centre of Red Panda and Snow leopard. Transfer to Manebhanjang. a small town on the Indo-Nepal border, our starting point of the trek. Overnight stay at Manebhanjang.
Day 05	Manebhanjang to Tumling 3070m Trek to Tumling (3070 mtr.). (Approx 6 hours trek)
Day 06	Tumling to Kalapokhri 3186 m After breakfast Trek to Kalaphokhri (3186 mtr.). Trek through Singalila National Park famous for Red Panda, Magnolia flowers, Rhododendron flowers, small tiny villages nested in the lap of Himalayas on Indo-Nepal border. Group shall interact with local Nepali villagers. Night halt at Kalaphokhri.(Approx 6 hour trek)
Day 07	Kalapokhri to Sandakphu 3636m(6Hrs,) After breakfast Trek to Sandakphu (3636 mtr.). From here one can see Kanchenjanga and Mount Everest . Adventure Activity Rappeling. Overnight stay at Sandakphu.
Day 08	Sandakphu 3636m(6Hrs,)
Day 09	Sandakphu to Rimbhik 2286 m Experience sun rise along with the majestic Himalayan Ranges. Trek down to Rimbik Night stay at Rimbik.
Day 10	Rimbhik to NJP After breakfast transfer to NJP.
Day 11	Reach Howrah.Boat ferry to Babughat Board Train to Nagpur.
Day 12	Reach Nagpur.

Cost/fees Rs.17,500/- Darjeeling – Sandakphu- Sikkim
(With ac3 journey)

****Additional charges for Tatkal Fare shall be applicable.**

****Additional Charges for Transportation from other cities to Nagpur.**

HIMALAYAN CAMP '2014
2014 Summer Camp Parent Manual

WHAT TO BRING

1. Light weight Suitcase, Nap sack with chain and lock.
2. Personal clothing 5 pairs + [2 sets for traveling] shorts (for rafting), two bed sheets.
3. Sports shoes. Chappal,
4. Drinking water in 2lt disposable water bottle 2 Nos.
5. Spoon.
6. Extra pair of socks (3 Nos.).
7. Warm jacket, Sweaters.
8. Woolen cap, Hand Gloves.
9. Sun glasses with hard case.
10. Toilet kit. Paper soap [5pkts].
11. Pen, one 100 pages copy.
12. Personal medicines, Glucose, Electrol powder, Band aid, Odomos.
13. Camera (optional & at own risk)
14. Dry snacks.
15. Torch with extra cells.
16. Packed food for one time

NOT TO BRING

1. Playing cards.
2. Ornaments.
3. Video games.
4. Walkman & i-pods.
5. Tattoos.
6. Mobile.

Participants will be provided during the camp

1. Sleeping Bag
2. Sleeping mattress.
3. Wind poof jacket
4. Poncho
5. Sun Cap

Note: Keep four Plastic Carry Bags for water proofing of your belongings.

Physical Fitness

1. Kindly avoid eating outside or in hotels a week before joining the camp. This will ensure your fitness.
2. Please feel free to ask if you have any queries.
3. Consult your doctor in case of any previous illness.

Travel Tips:

1. Keep sufficient water with you.
2. Carry chain & lock for safety of your luggage.
3. Arrive at the station well in advance, minimum 45 minutes prior to the departure of the train. Report to the tour escort
4. Be considerate towards your fellow passengers .Avoid creating noisy scenes in your compartment. Let your travel be a pleasure for others too, not only for yourself.
5. Don't talk to or accept any eatables from the strangers.
6. Travel with minimum luggage.

Staffing Ratios

For Himalayan Camp 1:8 instructors: camper, ratio is maintained for all activities.

Camp fees Includes:

- Tent Accommodation, Veg. Food, Equipment Hiring Charges,
- Train Journey :
- **For Manali Camp:** Nagpur –Delhi –Nagpur
For Darjeeling Camp: Nagpur-Kolkata-New Jalpaigudi-Kolkata-Nagpur
- Transportation : By 2X2 Luxury bus New Delhi – Manali – New Delhi /
Transportation at Darjeeling - Sumo/Taxies as per need

Mode of Payment

- a) Cash
b) By DD/ local Cheque in the name of 'Allrounder'.

The admission to the Himalayan Camp is strictly on first come first serve basis!!!

Administration:

Refund/Transfer Policies

Participant-initiated transfers and refunds must be requested at least 20 days prior to the camp session for which the transfer/refund is being requested.

Refund : Refund with 25% deduction 20 days before the commencement of journey.

No refund thereafter..

Refund shall be given only after the completion of the particular camp.